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Manmatha Ugadi New Year – 21st March 2015
Message for the year by Master K.Parvathi Kumar

Hearty Greetings to the brotherhood on the occasion of Manmatha Ugadi. You have gathered here on this occasion to hear the Astrological Prediction for the year. We begin every New Year with lot of enthusiasm because we are generally enthusiastic to anything new and we should pray



that this year we progress forward in the path with renewed aspiration. We should align with Buddhi and try to progress vertically. If you have no such aspiration, your life will just move as per your past karma.

We should know the purpose of our life and try to move towards achieving that purpose. When you have higher purpose, you should try to fulfill all the duties towards achieving that purpose instead of keeping the purpose aside to attend to petty problems that we face in life. If you are on a higher purpose, the problems are solved automatically. Otherwise it will be like waiting to bath in an ocean when there are no tides. You will never be able to bath.

When you are in the path of a Master, the purpose you have in life in one of the highest objectives of human life. In the path we are in, our Master

wants us to achieve immortality and realize Brahman. It is the path to trace back to our source and realize our true identity. That is the ultimate objective of human life. For that one of the preliminary steps is to enter Buddhi. We generally live in our mind and all our life is spent in fulfilling the desires of the mind and senses. We keep wandering after thoughts that come in mind based on the personality that has been built on the basis of our past karma. If we just go on like this, we will keep rotating in a cyclic manner and never move vertically and no higher purpose is achieved. That is why the Rishis and Masters have given us a path to come out of this horizontal activity and travel vertically. If we practice as per the instructions given by them, we gradually progress and great transformation happens within ourselves. Without practice, if you just aspire to reach the highest of states, nothing will happen. To progress, you should keep

practicing, keep gaining knowledge of the creation and serve fellow human beings. This kind of lifestyle should be established at a young age in life as far as possible. Gradually the energies in us are transformed. The quality of our thoughts should enhance. The thoughts should be more towards welfare of others. In the process, the time and planetary energies start cooperating with us. We are generally bound by planetary energies if we do not follow the eternal law. If we change our way of life in a way such that we remain highly disciplined and follow the eternal law, then the planets start cooperating with us. Otherwise they cause hindrances in our life. The hindrances are because they do not want us to be spoilt further with our skewed way of life. Saturn is the planetary energy who ensures that we remain highly disciplined in our life. If you take to illegal means or intelligent short cuts to do your work, then the Saturn will not allow it to happen. I am speaking about Saturn because this year begins on a Saturday and Saturn is the ruler of this year. This Ugadi tells us that we learn to be disciplined. The basic discipline is reflected in the daily routine that we follow. We are given ideal times for almost all kinds of activities, when to get up, when to pray, when to eat, what to do and what not to do and so on. If we try to stick to those disciplines as far as possible, then the planets do not cause hindrances. It is like a school teacher who does not scold or punish the students who are not naughty. Same applies to planetary energies especially Saturn. If we are able to gain the cooperation of Saturn, then all other planets start cooperating with us. That is why when we get into the path of a Master, the first thing he does is he gives us a Saturnine discipline to be followed. Gradually Jupiter gives you wisdom, Mars gives you will, Mercury gives you discretion, Venus gives you comfort, sun gives you expansion of consciousness, Rahu (node) and Ketu (Antinode) ensure that we are relieved of unwanted things and so on. We generally hold onto things that we should not hold onto and leave that which we should hold onto.

So a transformation needs to be brought about in our personality. The time and planetary energies help us to transform if we are oriented in that direction. So there is no good time or bad time. The time just wants you to have an improved way of life and it will lead to circumstances accordingly. You need not check whether the time is favorable or not because your imbibed values and discipline ensure that you get to start a work at the right time. Right time is favourable time. So we should never worry that time is favorable or unfavorable if you are disciplined and lead a quality life. Same applies to planetary energies. Remember that it is the Divine energy that works through all planetary energies. It is very wrong notion that many people have that they can please or negate those energies by just bribing them in the name of some offering. When we do such things, the planetary intelligences feel sad that instead of learning from the situation, we are trying to escape it. We should avoid such things. One should also follow the astrological prediction with this understanding. So take everything that comes in life in a positive manner and try to work out with those circumstances to progress in life. Growth is the objective. Just when the prediction is that this year is very good to you or a cautious period, if you feel happy or sad, it is meaningless. In either case, you should learn from the situations and grow.

This year is called Manmatha. Manmatha is said to be God of desire. It is one understanding. There is also another dimension. Manmatha is the one who take the mind (Man) to a higher level. If a boy and girl are in love, most of the time they think of each other and their minds rejoice in one other's thoughts. This love can also be explained in terms of various desires that we have. The same thing can also applies to fulfilling one's desire to reach the Divine. So whatever you desire can be achieved by the power of the mind. Mind is one of the most powerful instruments in God's creation. We cannot go forward by neglecting the mind. It is the one which can help in fulfilling any big desire that one has, if tuned properly. Manmatha is the principle which helps us in that fulfillment. But what is our desire is the question. If we strongly aspire to walk the path and reach the Divine principle, then that can be fulfilled. If that our desire, we also get lot of cooperation from planetary energies and even our own abilities. Then we get to know what to do, when to do and how to do.

We need to participate in lot of service activities which help us in purification. Also you should not resort to publicity of those activities. Then again purity is lost. We are all pure as souls but there are lot of impurities that gathered around the self which will stop us from realizing oneself. So purification automatically helps in realizing the self. We should constantly work to achieve purification. Krishna says in 6th chapter of Bhagawadita "Man can uplift himself or degrade himself by his own work." So it upto you. If we have that orientation to practice and serve and purify oneself, help and cooperation automatically comes. You can take the help of Saturn and Jupiter. Master teaches us through Saturn and Jupiter. If you just move around a Master, nothing will happen. Master will not be pleased if you propagate his name. You should follow the instructions of the Master sincerely. If there is board showing the direction to Varanasi, you reach Varanasi by following the board and not by just seeing the board and sitting there. So just reading Scriptures or hearing discourses is not sufficient. You should practice what is taught. There is no need to propagate.

We have bookmark printed on this occasion. One of the important instructions given is to remain in Divine alignment. Keep recollecting that I AM THAT I AM. He is present in you as you. The pulsation within keeps telling us the same. The consciousness also reminds us of the same. Whatever you do, a prayer or meditation or ritual, we should align with THAT.

So we have the bookmark - "Aligning the man in God with God in Man is Yoga. The teacher knows it. He knows and assists the process. Teacher is the path and God is the goal. Former is the means to reach the later. Confuse not the means with the Goal."

The teacher knows it because he has realized it. If you know the God in you, you know the omnipresent God. Teacher is the path to Divinity. Teacher is medium and God is the goal. You should follow the medium to reach the goal. That is what Jesus says "I am the way." The same is

told by other Masters as well. We know many such statements but following them is required. Do not think the Master will do everything for you. He will make you do. He will help you whenever required. But he wants you to learn. If he does everything, how will you learn?

So every Master shows you the path to realize THAT. We are also in one such path and realizing THAT is our ultimate goal. We recollect our goal once again on this New Year day. Now we will have the Astrological Prediction given by Sri.Gopala Krishna Murty.

-Swasthi